

**Supplemental Table S1.** Distribution of Subjects According to the BMI Levels

BMI levels, kg/m <sup>2</sup>	Male (n=4,243)	Female (n=4,657)
≥25	1,656 (39.0)	2,123 (45.6)
≥26	1,133 (26.7)	1,549 (33.3)
≥27	687 (16.2)	1,107 (23.8)
≥28	395 (9.3)	777 (16.7)
≥29	216 (2.9)	501 (10.8)
≥30	121 (2.9)	331 (7.1)

Values are expressed as number (%).  
BMI, body mass index.

**Supplemental Table S2.** BMI Levels According to the Percentage of Body Fat

Percentage of body fat <sup>a</sup>	No. (%)	BMI, kg/m <sup>2</sup>
Male	4,243	24.2 (22.1–26.1)
20.0%–20.9%	313 (7.4)	23.8 (22.6–25.1)
21.0%–21.9%	297 (7.0)	24.2 (22.9–25.6)
22.0%–22.9%	346 (8.2)	24.9 (23.5–26.2)
23.0%–23.9%	310 (7.3)	25.1 (23.9–26.2)
24.0%–24.9%	268 (6.3)	25.5 (24.0–26.8)
25.0%–25.9%	253 (6.0)	25.9 (24.7–27.0)
26.0%–26.9%	194 (4.6)	26.0 (24.9–27.4)
27.0%–27.9%	152 (3.6)	26.3 (24.8–27.9)
Female	4,657	24.7 (22.6–26.8)
30.0%–30.9%	354 (7.6)	23.1 (21.1–26.0)
31.0%–31.9%	377 (8.1)	23.8 (22.7–25.2)
32.0%–32.9%	421 (9.0)	24.4 (23.1–25.7)
33.0%–33.9%	368 (7.9)	25.0 (23.9–26.2)
34.0%–34.9%	319 (6.8)	25.6 (24.3–26.6)
35.0%–35.9%	260 (5.6)	26.7 (25.5–28.2)
36.0%–36.9%	257 (5.5)	27.6 (26.1–28.9)
37.0%–37.9%	195 (4.2)	27.9 (26.7–29.3)

Values are expressed as median (interquartile range).

BMI, body mass index.

<sup>a</sup>Assessed by multifrequency bioelectrical impedance analysis (MF-BIA; InBody 3.0, Biospace, Seoul, Korea).