

Supplemental Table S1. Baseline Characteristics of Korean Healthy Study Subjects

Characteristic	Total (n=354)	Men (n=180)	Women (n=174)	P value
Age, yr	45.74±12.94	46.83±12.65	44.94±13.65	0.694
Height, cm	164.02±8.65	169.88±6.63	157.94±5.80	0.209
Weight, kg	61.72±9.86	67.55±8.74	55.85±6.96	0.001 ^a
BMI, kg/m ²	22.87±2.67	23.38±2.63	22.40±2.64	0.814
SBP, mm Hg	118.34±15.48	120.68±12.94	117.02±15.74	0.004 ^a
DBP, mm Hg	74.83±11.26	76.27±10.49	73.43±11.80	0.017 ^a
Hb, g/dL	14.03±1.40	15.01±1.05	13.036±0.90	0.021 ^a
BUN, mg/dL	14.06±3.77	14.94±3.53	13.18±3.85	0.320
Cr, mg/dL	0.88±0.57	0.96±0.12	0.740±0.13	0.386
Protein, g/dL	7.29±0.54	7.28±0.40	7.35±0.41	0.599
Albumin, g/dL	4.49±2.21	4.39±0.23	4.33±0.23	0.371
AST, IU/L	22.26±5.62	23.86±5.19	20.70±5.42	0.536
ALT, IU/L	21.90±8.83	25.52±8.60	18.13±7.43	0.002 ^a
FBS, mg/dL	91.63±12.846	93.49±13.65	90.18±10.11	0.434
TC, mg/dL	180.13±24.20	180.18±23.13	180.86±24.72	0.678
TG, mg/dL	101.19±45.118	107.66±44.29	94.80±45.75	0.463
LDL-C, mg/dL	110.25±25.24	111.16±24.32	109.92±26.62	0.392
HDL-C, mg/dL	52.73±14.85	50.74±15.88	54.36±13.35	0.126
FT4, ng/dL	1.38±0.30	1.42±0.30	1.34±0.30	0.467
TSH, μ IU/mL	2.04±1.09	1.72±0.94	2.57±1.23	0.053

Values are expressed as mean \pm standard deviation. *P* value for sex difference by *t* test.

BMI, body mass index; SBP, systolic blood pressure; DBP, diastolic blood pressure; Hb, hemoglobin; BUN, blood urea nitrogen; Cr, creatinine; AST, aspartate transaminase; ALT, alanine transferase; FBS, fasting blood sugar; TC, total cholesterol; TG, triglycerides; LDL-C, low density lipoprotein cholesterol; HDL-C, high density lipoprotein cholesterol; FT4, free thyroxine; TSH, thyroid stimulating hormone.

^a*P*<0.05, statistically significant.