

Supplemental Table S1. Prediction Models for Determining NAFLD or Advanced Fibrosis

NAFLD prediction models	Cut-off values	Equation
Comprehensive NAFLD score (CNS)	≥40	Probability (in %) of having NAFLD = $1/[1+\exp(-x)] \times 100$ if male, $x = 0.016 \times \text{age} + 0.182 \times \text{BMI} + 0.089 \times \text{WC} + 0.391 \times \text{alcohol} + 0.124 \times \text{exercise} + 0.018 \times \text{fasting glucose} + 0.773 \times \log_e(\text{triglycerides}) - 0.014 \times \text{HDL-C} + 0.415 \times \text{uric acid} - 0.674 \times \log_e(\text{AST}) + 1.632 \times \log_e(\text{ALT}) - 21.695$ if female, $x = 0.320 \times \text{BMI} + 0.044 \times \text{WC} + 0.533 \times \text{diabetes} + 0.016 \times \text{fasting glucose} + 0.951 \times \log_e(\text{triglyceride}) - 0.015 \times \text{HDL-C} + 0.199 \times \text{uric acid} - 0.645 \times \log_e(\text{AST}) + 1.302 \times \log_e(\text{ALT}) + 0.255 \times \text{menopause} - 19.741$
NAFLD liver fat score (NLFS)	≥-0.640	$-2.89 + 1.18 \times \text{metabolic syndrome (yes=1/no=0)} + 0.45 \times \text{diabetes (yes=2/no=0)} + 0.15 \times (\text{fasting insulin, } \mu\text{U/L}) + 0.04 \times \text{AST} + 0.94 \times \text{AST/ALT ratio}$
Hepatic steatosis index (HSI)	>36	$8 \times \text{AST/ALT ratio} + \text{BMI (+2, if diabetes; +2, if female)}$
Advanced fibrosis prediction models		
NAFLD fibrosis score (NFS)	Highest quartile	$-1.675 + 0.037 \times \text{age (years)} + 0.094 \times \text{BMI (kg/m}^2) + 1.13 \times \text{impaired fasting glucose or diabetes (yes=1/no=0)} + 0.99 \times \text{AST/ALT ratio} - 0.013 \times \text{platelet count (10}^9/\text{L)} - 0.66 \times \text{serum albumin (g/dL)}$
FIB-4	≥2.67	$\text{Age (years)} \times \text{AST (U/L)} / [\text{platelet count (10}^9/\text{L)} \times \text{AST (U/L)}]^{1/2}$
Forns index	Highest quartile	$7.811 - 3.131 \times \log_e(\text{platelet count}) + 0.781 \times \log_e(\text{GGT}) + 3.467 \times \log_e(\text{age}) - 0.014 \times \text{total cholesterol}$

NAFLD, non-alcoholic fatty liver disease; BMI, body mass index; WC, waist circumference; HDL-C, high-density lipoprotein cholesterol; AST, Aspartate aminotransferase; ALT, alanine transaminase; FIB-4, fibrosis-4; GGT, gamma-glutamyl transpeptidase.