

Supplemental Table S1. Definitions of Metabolic Health Used in the Study

	Components of the criteria	Definition of metabolically healthy state
ATP-III criteria	BP \geq 130/85 mm Hg FPG \geq 5.6 mmol/L TG \geq 1.7 mmol/L HDL-C $<$ 1.03 mmol/L (male); $<$ 1.29 mmol/L (female)	\leq 1 Metabolic risk factor
Wildman criteria	BP \geq 130/85 mm Hg FPG \geq 5.6 mmol/L TG \geq 1.7 mmol/L HDL-C $<$ 1.3 mmol/L HOMA-IR $>$ 90th percentile (2.85) hsCRP $>$ 90th percentile (2.0)	\leq 1 Metabolic risk factor
Karelis criteria	HOMA-IR \leq 2.7 TG \leq 1.7 mmol/L HDL-C \geq 1.3 mmol/L LDL-C \leq 2.6 mmol/L CRP \leq 3.0 mg/L	\geq 4 of 5 Metabolic risk factors
HOMA criteria	Within the lower three quartiles of HOMA-IR (2.02)	

ATP-III, Adult Treatment Panel III; BP, blood pressure; CRP, C-reactive protein; FPG, fasting plasma glucose; TG, triglyceride; HDL-C, high-density lipoprotein cholesterol; HOMA-IR, homeostatic model assessment of insulin resistance; hsCRP, high-sensitivity C-reactive protein; LDL-C, low-density lipoprotein cholesterol; CRP, C-reactive protein.