

Supplemental Table S1. Baseline Characteristics

Characteristic	All	Without diabetes	Type 2 diabetes	P value
Number	267	180	87	
Sex				
Men	178 (66.7)	119 (66.1)	59 (67.8)	0.890
Women	89 (33.3)	61 (33.9)	28 (32.2)	
Age, yr	47.6±14.7	47.0±14.1	48.9±16.0	0.359
BMI, kg/m ²	28.3±4.0	28.2±3.8	28.7±4.3	0.342
Waist circumference, cm	90.9±8.7	90.3±8.4	92.5±9.3	0.091
Drink, SD/wk	1.6±4.1	1.6±4.0	1.7±4.3	0.959
Smoke				
Never	184 (73.3)	131 (73.2)	53 (73.6)	0.658
Ex	40 (15.9)	27 (15.1)	13 (18.1)	
Current	27 (10.8)	21 (11.7)	6 (8.3)	
Hypertension	82 (30.7)	49 (27.2)	33 (37.9)	0.102
Dyslipidemia	156 (58.4)	94 (52.2)	62 (71.3)	0.005
Statin	123 (46.2)	68 (37.8)	55 (64.0)	<0.001
Platelet, 10 ⁹ /L	260.7±61.6	259.3±61.0	263.5±63.0	0.604
Albumin, g/dL	4.6±0.4	4.7±0.4	4.6±0.4	0.595
AST, IU/L	48.9±33.8	50.7±36.6	45.0±26.7	0.147
ALT, IU/L	79.3±54.7	80.5±55.4	76.9±53.5	0.616
Total cholesterol, mg/dL	195.3±46.1	199.6±45.1	186.4±47.1	0.034
Triglyceride, mg/dL	188.5±118.9	176.6±98.1	213.1±150.9	0.044
HDL-cholesterol, mg/dL	48.7±13.1	49.6±13.0	46.8±13.3	0.110
LDL-cholesterol, mg/dL	109.8±39.7	114.4±38.2	100.3±41.3	0.010
eGFR, mL/min/1.73 m ²	106.0±25.0	103.0±21.4	111.8±30.3	0.039
HbA1c, %	6.5±1.3	5.9±0.5	7.8±1.4	<0.001
Fasting glucose, mg/dL	121.1±35.8	104.9±16.8	154.8±41.1	<0.001
Fasting insulin, mIU/L	18.6±12.9	18.8±12.8	18.3±13.1	0.791
HOMA-IR	5.3±4.4	4.7±3.5	6.7±5.6	0.002

Values are expressed as number (%) or mean ± standard deviation.

BMI, body mass index; SD, standard drink (= 10 g of alcohol); AST, aspartate aminotransferase; ALT, alanine aminotransferase; HDL, high-density lipoprotein; LDL, low-density lipoprotein; eGFR, estimated glomerular filtration rate; HbA1c, glycated hemoglobin; HOMA-IR, homeostasis model assessment of insulin resistance (= glucose×insulin/405).