

**Supplemental Table S1.** Metabolic Phenotype Alterations of Discontinuing Dulaglutide in Insulin Users

Variable	Insulin users ( <i>n</i> = 13)		
	Baseline	Follow-up	<i>P</i> value
Age, yr	57.7 ± 12.7		
Females sex	6 (46.2)		
Hypertension	11 (84.6)		
Dyslipidemia	11 (84.6)		
Diabetes medication			
Insulin dose, IU/day	30.1 ± 12.5	31.2 ± 12.7	0.084
Anthropometric measurements			
Weight, kg	74.1 ± 14.3	75.4 ± 14.6	0.190
Body mass index, kg/m <sup>2</sup>	27.2 ± 4.1	27.7 ± 4.7	0.164
Lab parameters			
HbA1c, %	7.1 ± 0.7	8.3 ± 1.4	0.006
Fasting glucose, mg/dL	113 ± 31	121 ± 36	0.506

Values are expressed as mean ± standard deviation or number (%).  
HbA1c, hemoglobin A1c.